

Wellness Spa
AT THE BENJAMIN



Elemis
DEFINED BY NATURE LED BY SCIENCE

ELEMIS BODY THERAPY

Beauty Sleep Signature Treatment

55 minutes

This all encompassing treatment rejuvenates body, face, and mind. Specifically tailored to meet the concerns and needs of an 'on the go' traveler. Experience head to toe relaxation that results in deep, sustained, re-energizing sleep. Enjoy a Full body massage partially done with hot stones. Also included in the treatment is a mini facial customized to your skin type. Lavender essential oils will melt your cares away and prime you for a Good Night's Rest. Take home a Soothing Lavender Eye Pillow just like the one used in your treatment-complimentary!.....\$145.00

Deep Muscle Massage

25 / 50 / 80 Minutes

Focused to relieve specific stress and muscle tension, this deep muscle massage puts the body back in balance. Combined with specially blended massage oils, this treatment is customized to your particular preference. Choose from light relaxing pressure to deep tissue. Customize your treatment with these Aromapure options:

Stress-a-Way: soothe and relax with a De-stress blend of Lavender, Chamomile, Melissa, Geranium and Bergamot Essential Oils.

Spirit Reviver: uplift, detoxify and renew your zest for life with the Cellutox blend of Lemon, Lime, Peppermint and Grapefruit Essential Oils.

Muscle Melt: ease away tired, aching muscles with the Musclease blend of warming Rosemary, Juniper, Thyme, Birch and Chamomile Essential Oils. Excellent for rheumatic or sport related pain.

Chakra Balancing: bring your body and emotions into total equilibrium with the Chakra balancing blend of Ylang Ylang and Geranium, or the exotic essence of Frangipani to seal in moisture\$70 / \$115 / \$170

ELEMIS ADVANCED BODY THERAPY

Aroma Stone Therapy

50 / 80 Minutes

Small stones are placed on key energy points of the body, evoking an aura of warmth, while the deep penetrating heat from the stones is used to massage the body, using traditional techniques to ease the pain and tension of aching muscles as well as deeply relax and rebalance the mind and body\$140 / \$200

Mother-to-Be Massage

50 / 80 Minutes

Combines tried and tested safe massage techniques adapted to each stage of pregnancy. Specialized positioning is used to ensure the ultimate in comfort and relaxation. Helps to relieve tension in your lower and upper back and alleviate swelling in the hands and feet, easing your mind and uplifting the spirit\$125 / \$180
Mother-to-Be-Massage only available during second and third trimesters.

Massage treatments are available in the comfort and convenience of your guest suite for an additional charge.

ELEMIS EXOTICS BODY TREATMENTS

Exotic Lime & Ginger Salt Glow

25 Minutes

An exotic exfoliation ritual to invigorate and revitalize the body. After light body brushing, warm oil is dripped luxuriously all over your body before the sublime Exotic Lime and Ginger Salt Glow is applied. Your skin is deeply cleansed, polished and softened to perfection, completed with an application of Exotic Island Flower Body Lotion leaving the skin glowing and vibrant, replenished and flawless\$75

Aroma Spa Ocean Wrap

75 Minutes

These seaweed wrap treatments detoxify and deep cleanse the body inside and out, combining the riches of sea plants and marine algae with aroma-therapeutic actives. A warm seaweed body mask combined with a blend of essential oils is applied to the body, before you are cocooned in a comforting foil wrap. Let your thoughts drift away, while you are treated to pressure point massage of the face and an anti-stress scalp treatment. Choose from either option:

Musclease Aroma Spa Ocean Wrap: a warming blend of Pine and Rosemary essential oils help ease the pains of rheumatism, arthritis, muscle spasm and fatigue\$140

Cellutox Aroma Spa Ocean Wrap: a detoxifying blend of Juniper and Lemon essential oils decongest and stimulate the body's systems. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention\$140

Exotic Coconut Rub & Milk Ritual Wrap

50 Minutes

A traditional Balinese recipe of Coconut, Mungbean, Spices and Lavender is combined with Exotic Frangipani Monoi Moisture Melt to polish the skin and stimulate the senses. Warmed Skin Nourishing Milk Bath is then poured over your entire body before being cocooned in a comforting foil wrap. This opulent exotic wrap is excellent for skin smoothing and softening, all combined with a facial pressure point massage and anti-stress scalp treatment\$115

Ceremony of the Sun

50 Minutes

A rich celebration of sun kissed skin. Achieve your tanning goal with Total Glow Self Tan Treatment. First exfoliate with the most indulgent Exotic Lime and Ginger Salt Glow in order to achieve the maximum benefit and most even application. See yourself with a bronzed glow after just 2-3 hours. Includes Elemis Self Tanning Crème - 4 oz\$140

Body Treatments not available for expectant mothers.

ELEMIS SKIN SPECIFIC & POWER PERFORMANCE FACIALS

Herbal Lavender Repair

Calming and Detoxifying – 60 Minutes

For perfect restoration of skin balance, this facial helps to heal and repair oily, problem and congested skin. Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.....\$115

Oxygen SkinCalm Facial

For Sensitive Skin – 60 Minutes

This face and eye treatment is pure soothing bliss for sensitive skin. Gentle massage techniques combined with calming actives and a restructuring Japanese Silk Mask help to rebalanced delicate, fragile and sensitive skin. Reduces redness and offers immediate comfort to stressed skin.....\$145

S.O.S. Purifying Facial

For Oily, Problem and Congested Skin – 60 Minutes

This powerful purifying face and eye treatment helps to absorb excess sebum, regulate and balance the function of the skin, while helping to repair scarring. Purifying massage techniques combined with the unique Japanese Sulphur Mask enriched with Vita-C Booster Serum help to calm irritated skin and rebalance oil-rich pores, leaving a beautiful matte skin.....\$135

Visible Brilliance Facial

Anti-Aging, for Stressed-Out Skin – 60 Minutes

This anti-aging face and eye treatment instantly firms, rejuvenates and plumps up the skin while reducing dark circles from around the eye. Moisture levels of the skin are proven to increase after just one treatment. Specialized micro-circulatory massage techniques are combined with the powerful proven formulations of Liquid Radiance, Cellular Recovery and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance and plumpness.....\$135

Pro-Collagen Quartz Lift Facial

One Anti-Wrinkle Facial – Proven Results – 60 Minutes

An instant face lift, this anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94%* and improve skin firmness by up to 57%* after just one treatment. The power of Padina Pavonica is accelerated by the electrical energy of precious minerals – Quartz, Tourmaline, Rhodochrosite and Malachite to re-energize cell communication, whilst Laminaria Digitata and Red Coral optimize cellular respiration and regeneration for a firmer, uplifted, more youthful looking appearance. Get ready!\$155

Tri-Enzyme Resurfacing Facial

For Lines, Wrinkles, Scarring and Uneven Skin Tone – 60 Minutes

Clinically proven to deliver unprecedented resurfacing results, advanced resurfacing techniques safely and effectively remove the top layers of the epidermis. Skin is left incredibly smooth and radiant bringing a renewed level of evenness and clarity to the complexion. A

unique synergy of four flower AHA's, Hibiscus and White Lily blended with a network of Amino Acids optimize the non-abrasive peeling action without upsetting the pH balance, while infusing essential moisture and nourishment.....\$155

Skin Intelligence for Men

Elemis Skin IQ Facial- 60 Minutes

An intelligent anti-aging facial that adapts to super-boost the skin. Prescribed to protect against the harsh, aging effects of shaving and environmental damage, this is the ultimate overhaul for male skin.....\$130

PACKAGES AND EVENTS

Indulge your Senses

3 1/2 Hours

This is the perfect way to spend the day. Start with your choice of Elemis Aroma Spa Wrap Treatment. We follow this with a relaxing, 50 minute Deep Muscle Massage including your choice of aroma. Finish with a Power Performance Facial of your choice\$395

S.O.S.

3 Hours

Exfoliate and renew skin cells with our Exotic Lime and Ginger Salt Glow. Then melt your cares away with a 50 minute Deep Muscle Massage customized to your specific aches and pains. Follow up with a Power Performance Facial customized to your specific skin needs. You're recharged and ready to face the world\$350

Complete Spa Detox

3 Hours

Let the detoxifying powers of Essentials Oils and Marine extracts give your body a kick start. Exfoliate with the Exotic Lime and Ginger Salt Glow, then cocoon in a warm Cellutox Aroma Spa Ocean Wrap. Finish with a 50 minute Deep Muscle Massage to complete your total body detox\$345

Time Out

2 1/2 Hours

From the soles of the feet to the crown of the head, this customized face and body treatment is the ultimate skin therapy. Choose from one of the unique Elemis Advanced Performance Facials and combine it with the powerful effects of the 50 Minute Elemis Deep Muscle Massage to achieve dramatic results instantly\$265

Special Events

Ask us about reserving the spa for your event – bridal shower, birthday or Girls' Night Out.

HOW TO SPA

- Prepare yourself for your spa journey. The more relaxed you are, the more your treatments will enhance your well being.
- Please arrive at least fifteen minutes before your treatment. If you are late for an appointment, we may have to shorten your treatment time in order to be on time for the next guest.
- Luxurious bathrobes and sandals are provided for your comfort. You may leave your personal belongings in a secure locker.
- You are welcome to relax in our steam rooms before your treatment.
- Gratuity is not included in your service. We leave it to your discretion.
- A credit card is required to reserve all appointments. Please provide 24 hours notice for cancellation to avoid being charged for your treatments.
- Guests of The Benjamin and Affinia Hotels may charge the cost of services to their room accounts.
- Please turn off your cell phones and other electronic devices once in our spa area.
- Children under 14 are not allowed in the Spa without supervision. Please make arrangements for your little loved ones when arranging spa appointments.

Hours

Monday – Sunday: 9am – 9pm

SERVICES BEFORE AND AFTER HOURS ARE AVAILABLE BY SPECIAL REQUEST AND SUBJECT TO AVAILABILITY AND A \$25 SURCHARGE.

Gift Cards

Gift cards are available for purchase. You may purchase a gift card for a specific service or a dollar amount. Gift cards do not expire but are not redeemable for cash.

Off Site Services

Spa Services are available for spa parties and weddings, office wellness programs, employee appreciation events, trade shows and meetings. Please inquire about pricing and availability.

Returns

Un-used or un-opened products must be returned within 30 days of purchase, accompanied by your receipt in order to obtain a refund. Products returned without a receipt will receive store credit. Products that are used/experienced may be returned for a store credit or exchange only and must be returned within 10 days of purchase.



THE BENJAMIN

THE WELLNESS SPA @ THE BENJAMIN HOTEL
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